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S P O R T S



Mehdi Ballouchy has appeared in four games this year.

Q&A with Mehdi Ballouchy

Midfielder familiar with the Red Bulls

With Round 2 of this year's Hudson River Derby arriving Sunday, New York City FC midfielder Mehdi Ballouchy, 33, knows both sides of the rivalry well.

The Moroccan-born veteran played for the Red Bulls from 2010 to 2012 and at the moment is in his second season with NYCFC.

Ballouchy, who has appeared in four games this season, shared with amNewYork his thoughts on family and the city.

What does it mean to you to represent the city?

It's an honor. There is no other city like New York. To be able to represent its people is the coolest thing about playing for NYCFC.

What is your favorite city restaurant?

Café Mogador.

What is your favorite off-the-pitch memory of the city?

It's where I met my wife.

What are some of your non-soccer hobbies?

Swimming with my daughter.

What music do you enjoy listening to on game-days?

Reggae; hip-hop as the game gets closer. (AMNY)

How do you like riding the subway?

Love it. [I] took my 3-month-old around the city on it last week.

What is a typical off-day like for you in the city?

A stroll around Central Park, then some good food.

NYCFC transfers Poku to NASL

New York City FC midfielder Kwadwo Poku will kick off a new chapter of his career after being transferred to Miami FC of the North American Soccer League, the club announced Wednesday.

Poku, 24, has not found the field much this season, appearing in only seven contests. In 34 appearances with the club since its inception last season, Poku contributed five goals and seven assists.

"We'd like to thank Poku for his contribution to the building of New York City FC



Kwadwo Poku was transferred to Miami FC.

on and off the pitch," sporting director Claudio Reyna said in a statement released by the team. (AMNY)